

Nepal Records

110 Meter Hurdles

18.0	Madmu Rahu	Mandu		67
17.30	Narayan Yadev	New Delhi	1 Dec	82
17.2	Narayan Yadev	Pokhara	Apr	84
16.19	Osh Narayan Chaudhari	Calcutta	22 Nov	87
15.6	Dambar Singr Juwar	Kathmandu	25 Oct	90
16.17	Rajendra Kunwar	Kathmandu	27 Sep	99