

Ghana (Gold Coast) Records

110 Meter Hurdles – Manual Timing

15.4	Acquaya			1950
14.6y	S. Botchway	Accra	11 Sep	1965
13.9y	Kwaku Ohene-Frempong	Philadelphia	31 May	1970
13.9y	Akwasi Abrefa	Lagos	11 Nov	1990

100 Meter Hurdles – Electronic Timing

15.36	M. A. Ankrah	Lagos	9 Jan	1973
15.23	M. A. Ankrah	Lagos	11 Jan	1973
15.14	M. A. Ankrah	Lagos	11 Jan	1973
15.08	J. Ofori Henaku	Abidjan	11 Sep	1976
14.84	Mohammed Baba	Lagos	27 Aug	1977
14.74	Mohammed Baba	Alger	25 Jul	1978
14.12	Akwasi Abrefa	Auckland	28 Jan	1990
13.74	Frank Mensah	Lincoln	21 May	1996