

Cameroon Records

110 Meter Hurdles – Manual Timing

15.2	Maha Daher	Bordeaux	19 Apr 1967
15.1	Maha Daher	Bordeaux	21 Apr 1968
14.5	Denis Dakréo	Libreville	5 Jul 1976
14.3	Francis Kaméni	Bron	30 Sep 1989

110 Meter Hurdles – Electronic Timing

15.39	Jean Francois Abossolo	Abidjan	29 Mar 1980
15.17	Francis Kaméni	Lyon	27 Jun 1987
14.31	Francis Kaméni	Bron	23 Jun 1990