

Bahrain Records

110 Meter Hurdles – Manual Timing

14.0h	Ahmed Hamada	Abha	9 Sep 1982
14.0h	Khaled Abdallah	Cairo	3 Oct 1989

110 Meter Hurdles – Electronic Timing

15.00	Ahmed Hamada	Manama	11 Jul 1980
14.98	Ahmed Hamada	Tunis	23 Aug 1981
14.90	Ahmed Hamada	Kuwait City	14 Nov 1981
14.64	Ahmed Hamada	Kuwait City	15 Feb 1982
14.55	Ahmed Hamadi	New Delhi	26 Nov 1982
14.17	Ahmed Hamada	Al Kuwait	5 Nov 1983